

Reflection Questions for Married to Reselling

These reflection questions are designed to be used in a variety of ways, depending on your personality type and circumstances.

You might decide to discuss them with a friend, with another reseller, or with your spouse.

You might decide to read through them and answer to yourself, or you might write out your answers in a journal.

However you go through the questions, we feel it's best to reflect on each set of questions at the end of reading the related chapter.

### Chapter 1: Introduction: The Priority of Relationships

1. What are the most important relationships in your life right now? Who do you wish you could focus more on in your current relationships?

2. We (Stephen and Rebecca) shared our stories of how both of us came to be full-time resellers. What is *your* story? How did you get into reselling?

3. What do you hope to get out of reading this book?

4. Do you consider yourself more task oriented or more people oriented? (Both personality types are important when doing business!)

5. What are your strengths as a business person? What are your weaknesses? What are your strengths as a friend? A spouse? A son or daughter? A parent? What are your weaknesses in those relationship roles?

6. Do you desire growth and change in your business and relationships at this point in your life? (We think you *do*, otherwise you wouldn't be reading this book and reflecting on these questions.)



# Chapter 2: The Reselling Spectrum and How It Affects Our Relationships

1. Where do you fit on the reselling spectrum mentioned in Chapter 2? Are you reselling as a hobby, as part-time work, or as your full-time job?

2. What are your platforms for reselling, and what percentage of income do you receive from each?

3. How far are you into your adventure as a reseller? Years? Months? Weeks?

4. What is your current business model? What type of products are you focusing on? Has your model or focus changed recently? How often do you adapt your plan or your focus?

5. Is it easy for you to see how the various factors of your reselling business impact your relationships, or is the connection a bit fuzzy for you? Are you the type of person who can compartmentalize your business separately from your personal life? Or do you find your business taking up time, energy, and space in your personal life?

6. What level of support for your reselling business do you get from the people most important to you? Are you satisfied with this level?



#### Chapter 3: Work vs Hobby: In Your Eyes and In Your Spouse's

1. If you're not a full-time reseller, have you ever posed to yourself the question of whether you are reselling as a hobby or as a part-time job?

2. So, which is it for you? Hobby or work? How do you know?

3. Do you keep detailed accounts of your reselling expenses, payouts, profits, etc?

4. Are you reinvesting all of your payouts, or do you use any profits for personal reasons?

5. Now, take your answers to the above questions in this chapter - how do your answers impact your spouse or significant other? Is there anything you need to discuss with him or her? If so, be sure to find a time to have an honest discussion together following the suggestions in Chapter 3.



# Chapter 4: Budgeting: A Way to Improve Your Business and Your Marriage

1. Are you a die-hard budgeter? Do you have a plan for all your money at the beginning of the month? Or do you have a general idea, but not a detailed plan? Or do you cringe at the idea of budgeting for business or personal purposes?

2. Are discussions about how to spend money a source of stress for you personally? For you and your spouse together?

3. Does your spouse hold the same opinion as you about budgeting (or not budgeting)?

4. If you do set a budget on a monthly basis, do you follow a similar process as described in Chapter 4? If not, how does it differ?

5. Do you agree with our perspective on credit? Why or why not?



### Chapter 5: When and If Your Spouse Joins Your Business

1. Does your spouse currently work with you at reselling? In what capacity?

2. Do you desire for your spouse to join your business? Or to have more involvement in your business? Does your spouse share that desire?

3. If your spouse *does not* wish to join you in reselling, what are the reasons for that desire on their part? Have you discussed this topic with them and completely heard them out on their opinion?

4. If you and your spouse are indeed looking to transition into working together, take some time to go through the set of questions in Chapter 5, starting on page 44. Whether you answer these questions on your own or discuss them with your spouse, we think you'll find them helpful.



### Chapter 6: Understanding Each Other's Risk Tolerance

1. What is the level of risk involved in your particular business model?

2. Have you and your spouse had differences of opinion over risky decisions related to your business? If so, give an example.

3. We feel that the number one solution to numerous relationship problems is for both parties to spend more time communicating with one another and listening to one another. Do you agree or disagree? Can you think of a story from your own experience that illuminates your answer?

4. How do you handle situations where you *know beyond a doubt* your spouse is wrong?

5. Can you think of a time when you and your spouse came to a compromise over a business decision? Over a family decision?



### Chapter 7: Establishing Boundaries

1. Is your reselling business based out of your home or out of a separate location?

2. If your business is in your home, do you have clear boundaries on which space can be used for reselling business and which spaces are off limits?

3. Do you set boundaries on your work time? Do you follow a strict schedule, or is your time flexible?

4. Do you or your family ever have "device free" times of the day? Days of the week?

5. What type of rest do you personally take on a regular basis? What type of breaks do you take together with your family or significant other?

6. If you and your spouse work together, do you find that you generally get along with each other? Are there areas you need to work on?

7. Do you and your spouse/significant other get enough time together outside of work? Do you spend enough time *separately* on leisure activities?



#### Chapter 8: Reselling with Your Kids

1. Do you have kids? Are they still at home? Full-time or part-time? Are they grown? Are they out of the house or boomeranged back home?

2. What is currently your greatest challenge as a reseller with kids at home? (These challenges change over time - even week by week!)

3. Are your kids involved in your business in any way?

4. Are you proactive about teaching your children your financial values? Why or why not?

5. Do you think children should be paid for helping around the house? For helping with your reselling business?



### Chapter 9: Single and Reselling

1. What is your greatest challenge as a single person with a reselling business?

2. What is the greatest benefit of your singleness to your reselling business?

3. Do you have sufficient support from others in your personal life? In your business?

4. Do you have clear goals for your business? Do you have sufficient accountability from a safe person who can encourage you to achieve your goals?



## Appendix 1: For the Non-Reselling Spouse

Please see discussion questions within Chapter 10, on pages 90 and 91.

