

Next Level Amazon Freedom Worksheet



We all want more freedom in our lives, in both our business life and personal life. With more freedom in our lives we can finally do more of the things we really want to do. The only problem is that there is so much to do that we can't find the time to really live a life of freedom. This worksheet is designed to help with this problem.

The following pages contain a Freedom Worksheet for both your business and personal life. The first page is simply a brainstorming page, while the second page is where you begin to finally see which areas of your life you need to outsource to someone else.

On the brainstorm page, you should list all of the things you need to get done in either your business or personal life. List it all, and I mean everything!



The brainstorming will take some time to complete. In fact, you're not going to be able to remember all you need to do and record it on this sheet of paper in one sitting. It could possibly take a week or more to actually remember everything, and even then you may forget a thing or two. And that's ok. The point is to list as much as you can remember in about a week's time, so be patient as you fill out these worksheets.



Once you complete the brainstorming aspect of this worksheet, then you'll want to organize the information. The next page is divided up into three columns. You'll want to go through your brainstorm sheet and place as many entries as you can in one of the three columns. The first column is the things you hate doing, the second column is things you need help doing, and the third is things you shouldn't be doing.

Some entries from your brainstorm sheet will be very easy to place, while others might take some time. For now, skip the ones that require more thought and focus on the ones that are easy to place. After you have finished the easy ones, then go back and take the time to place the entries that require more thought. If you need help placing an item, ask a close friend or loved one to help you.

Once you are finished placing as many items as you can into these three columns, you'll see that there is a list of entries from your original brainstorming session that have not found a place on the chart. These are the **ONLY** areas you need to focus on in your Amazon business. All of the items in your chart that you hate to do, need help doing, or shouldn't be doing are the areas in which you need to begin to outsource.

Someone else would love to do these things for you! Start, one by one, to find people or services who can do these aspects of your business for you. In this way, you will create more freedom in your life to do the things you really want and need to do. With this Freedom Worksheet, you'll finally experience more freedom in both your business and personal life.

My Amazon Business Freedom Worksheet

Things I hate to do	Things I need help doing	Things I shouldn't do

My Personal Life Freedom Worksheet

Things I hate to do	Things I need help doing	Things I shouldn't do